



# “Exploring the Impact of Behavioural Finance on Decision-Making in Fintech and Regulatory Compliance”

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## ABSTRACT

The rapidly expanding discipline of behavioural finance provides a more nuanced view of how people make financial decisions by integrating psychological insights with financial theory. As more and more people utilize fintech platforms, their decisions are being swayed by emotional and cognitive biases. The purpose of this research is to examine the effects of behavioral finance principles on customer actions within fintech platforms and the consequences of these effects on regulatory conformity. Researchers will look at how fintech firms use information about important behavioral patterns—like herd mentality, loss aversion, and overconfidence—to build products and handle risks. In addition, the study will look into the ways in which regulatory agencies deal with market developments driven by consumer behavior in order to safeguard consumers' funds and the economy. This research will help fintech companies, lawmakers, and financial institutions improve compliance processes and encourage responsible financial behavior by using a mixed-methods approach that includes surveys, case studies, and expert interviews.

**Keywords:- Fintech, Impact, behaviour, Finance, Regulatory**

## INTRODUCTION

- The emergence of fintech (financial technology) and the increasing popularity of behavioral finance have been two significant shifts in the financial sector in the last several years. Through the use of AI, web platforms, and mobile apps, fintech companies are revolutionizing the way individuals handle their money. People aren't rational decision-makers; behavioural finance has proven that habits, social pressure, and emotions play a larger role.
- A crucial new area of research has emerged as a result of the merging of these two disciplines. Despite the ease and speed of fintech services, users may be more likely to make hasty judgments with their money. This brings up questions of ethical marketing, data privacy, and regulatory compliance.
- It is crucial in the modern digital economy to comprehend user behavior on these platforms and the ways in which regulators and fintech companies may properly steer such behavior. This thesis delves into the topic of behavioral finance and its influence on decision-making in fintech settings, specifically looking at how it affects regulatory compliance.

## Explanation of the Research Topic

- The field of behavioural finance investigates the role of human psychology in monetary decision-making. Topics covered include herd mentality, loss aversion, and overconfidence.
- Fintech encompasses a wide range of technology-enabled financial services, such as investment platforms, robo-advisors, mobile payments, and lending apps. To influence user behavior, these platforms frequently employ nudges and tailored features. For example, in India, the Reserve Bank of India (RBI) and the Securities and Exchange Board of India (SEBI) have established regulations to safeguard investors and customers and promote equity in the financial sector.
- The application of behavioral finance principles to fintech, their impact on user decisions, and their intersection with compliance measures are all aspects that are investigated in this study.

## REVIEW OF LITERATURE

For a better understanding of the psychological aspects that play a role in financial decision-making, behavioural finance has become increasingly prominent. Research into the effects on regulatory compliance of fintech platforms that use behavioural finance principles is becoming increasingly important. To lay the groundwork for this research, this part covers important studies and theoretical frameworks.

## 1. the Ideas and Theories of Behavioural Finance

People make illogical decisions because they place differing values on gains and losses, according to the Prospect Theory put forward by Kahneman and Tversky (1979). Why people who utilize fintech might be risk-averse or risk-seeking can be explained, in large part, by this idea.

- Concepts like Mental Accounting and Nudging were proposed by Thaler (1980). These showed how customers respond to minor signals when making decisions and how they compartmentalize their cash. These biases are frequently used by fintech platforms to create marketing tactics and user interfaces that are easy to use. The importance of heuristics, overconfidence, and herd behavior in financial decision-making was highlighted in the comprehensive review of behavioral finance by Barberis and Thaler (2003).

## 2. Cognitive Finance in the Fintech Industry

The use of behavioral insights in financial technology for the purpose of predicting user behavior, optimizing product suggestions, and encouraging particular financial behaviors was investigated by Purohit and Thomas (2021). Using AI and data analytics to provide individualized financial advice was a major focus of their research.

The utilization of behavioral finance principles by lending platforms to determine creditworthiness and personalize loan offers was investigated by Batra and Kalra (2020). They discovered

that hyperbolic discounting and loss aversion impact borrowing choices. In their study of online payment systems, Agarwal et al. (2022) found that gamification features and incentive programs take use of users' natural tendencies to be more invested in the platform.

### 3. Understanding Behavior and Meeting Regulations

The importance of regulators in recognizing market irrationality and averting financial disasters was emphasized by Shiller (2015). Better financial laws may result from acknowledging societal biases, according to the study.

Regulatory frameworks should incorporate behavioral knowledge, according to Statman (2019). He pushed for consumer protection laws that take behavioural inclinations into account, like how framing effects can lead to financial product misuse.

### 4. Literature Gaps Recognized

Although there is a lot of work on the topic of behavioral finance in conventional finance, very little investigates its function in compliance procedures that are unique to fintech. In addition, the viewpoint of the regulator has received very little attention in the majority of studies, which have concentrated on consumer decision-making. The purpose of this study is to fill that knowledge vacuum by investigating the interplay between regulatory compliance and fintech operations through the lens of behavioral finance.

## OBJECTIVES

We aim to discover the main behavioral biases that impact users of fintech.

- To look at how fintech firms exploit these findings to sway customer actions.
- To learn how these actions affect conformity with regulations.
- To provide recommendations about how regulators and fintech companies may better understand and enforce ethical and compliant practices.

## RESEARCH AND METHODOLOGY

The research methods used in this study include a mix of descriptive and exploratory:

- In the first stage, you can use exploratory research to learn about compliance concerns, fintech trends, and behavioral finance. To do this, we had to peruse previous works, studies, and expert opinions.

-Descriptive research: This type of study gathers and analyzes real data from people who use fintech. User behavior, trends, and decision-making variables can be better described with this information.

The "what" and "why" of user activity on fintech platforms could be better understood with this combo.

## Data Collection Methods and Forms

### • Primary Data:

The main tool for primary data collection was a survey questionnaire shared online. It was designed to capture:

- User behavior on fintech platforms
- Awareness of compliance policies
- Exposure to behavioural biases
- Trust and risk perception

The questions were clear, short, and mostly close-ended for easy analysis.

### Secondary Data:

The research papers, publications from RBI/SEBI, reports from the fintech industry, and case studies on behavior- based fintech design and compliance situations were all considered secondary data.

### • Data Collection Medium

The poll was sent out via Instagram, LinkedIn, and WhatsApp and was self- administered using Google Forms.

The target demographic, who are tech- savvy financial consumers, are active on digital platforms and comfortable with online forms, hence this medium was chosen for them.

## Sampling Design and Plan

### 1. Target Population:

People in India who actively use fintech platforms (age 18 and above).

### 2. Sampling Frame:

Online users from LinkedIn, WhatsApp, Telegram groups, and college fintech clubs.

### 3. Sample Units Used:

Individual fintech users.

### 4. Method for Selecting Sample Units:

Stratified Random Sampling for general users (based on age, type of app used).

Purposive Sampling for interviews (experts in fintech or regulatory roles).

### 5. Sample Size:

150–200 survey participants.

### 6. Expected Response Rate:

60–70%, considering online distribution and user interest in fintech.

## Data Preparation, Analysis & Interpretation

### i. Data Preparation and Processing

The survey was distributed using Google Forms and responses were collected over a span of one week. The dataset was downloaded in CSV format and processed using Microsoft Excel and Python for analysis.

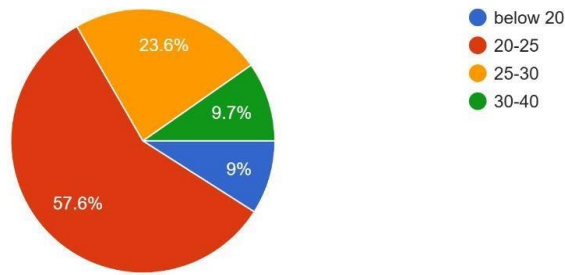
### ii. Key Descriptive Findings (with Sample Charts)

#### 1. Age Group Distribution

Most of the respondents belonged to the 20–25 age group, indicating that younger individuals are more active users of fintech platforms.

What is your age group?

144 responses

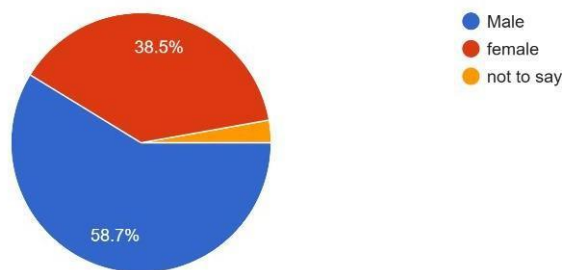


## 2. Gender Breakdown

The sample was relatively balanced with a slight dominance of female respondents.

Gender

143 responses

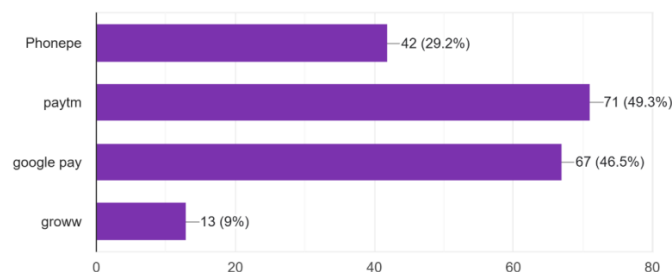


## 3. Fintech Usage Frequency

Majority of respondents use fintech applications daily or weekly. Platforms like Paytm and Google Pay were the most used.

Which of these platforms do you use the most?

144 responses

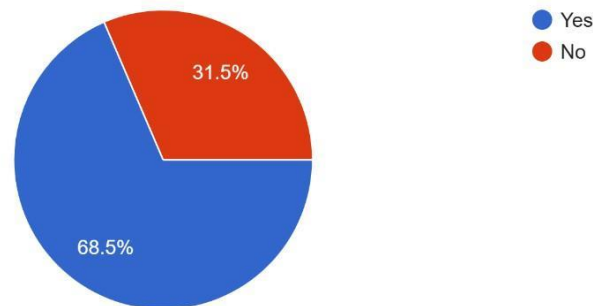


#### 4. Impulsive Decision Making

Around 80% admitted to having made decisions without much thought via fintech apps.

Have you ever made a financial decision using a fintech app without thinking deeply?

143 responses

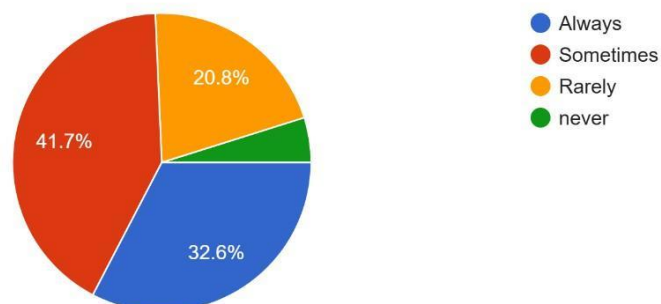


#### 5. Notification Influence

A significant number reported being influenced by app-based promotions like cashback and offers.

Do you feel influenced by app notifications (like offers, cashback, discounts) while making financial decisions?

144 responses

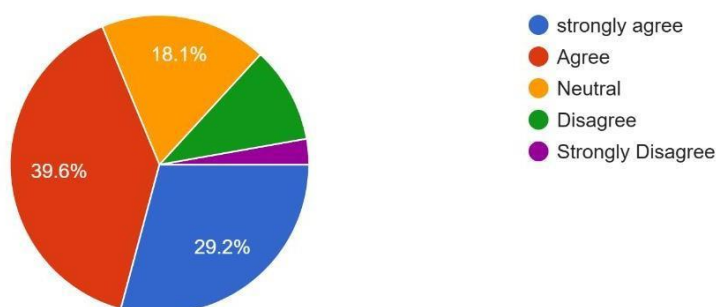


#### 6. Peer Influence

A majority indicated that they follow what friends or social groups are using or recommending.

Do you follow what your friends or social circle are using in terms of fintech apps or investments?

144 responses

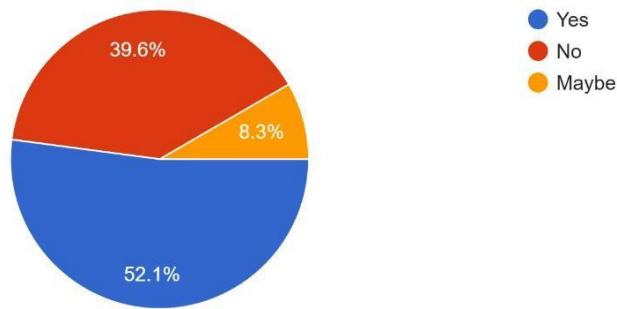


## 7. Regret Post Decision

Some participants confessed regret after making financial decisions on these platforms, often due to insufficient information or impulsive behavior.

have you ever regretted a decision made through a fintech platform (e.g., impulse buying, wrong investment)?

144 responses

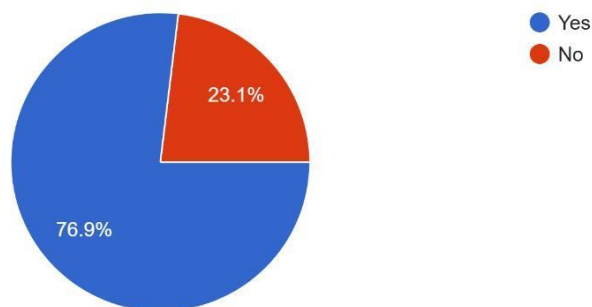


## 8. Regulatory Awareness

Surprisingly, all participants claimed awareness of fintech-related regulations, although further investigation may reveal depth of understanding.

Are you aware of financial regulations (e.g., RBI/SEBI rules) related to fintech and digital finance?

143 responses



## 9. Behavioural Bias Perception

Mixed responses were noted. While some believed biases affected their decisions, others remained neutral or disagreed.



## Limitations of the Study

• The study's limitations impact its generalizability, reliability, and scope, but it does offer useful insights into the behavioral implications on fintech platform utilization. Despite its practicality, collecting and analyzing data with an Excel sheet does come with its fair share of constraints.

### i. The Importance of The Sample And Its Generalizability

With only 144 replies, the dataset might not be large enough to draw any firm conclusions about the community at large. The sample may be reflective of some user behaviors and attitudes, but it doesn't capture the experiences of other demographics, such as those living in rural areas, those in their senior years, or those who aren't very tech-savvy. As a result, the findings might not have broad applicability.

### ii. Bias in our sample

A large portion of the respondents are between the ages of 20 and 30, with a concentration on students and salaried workers; this suggests that the sampling was not random but rather focused on convenience. Other important groups of people that utilize fintech—such as business owners, seniors, or those from low-income backgrounds—are underrepresented, which indicates a sampling bias.

### iii. Bias among responses

The nature of self-reported data makes response bias a potential possibility. People may have given answers that were considered socially desirable, particularly when it came to questions about financial knowledge, impulsivity, and privacy concerns. For instance, contrary to what is typically seen in larger populations, a large number of participants said that they read the terms and conditions.

## iv, the Nonresponse Error

A small number of answers are missing from the dataset, especially from questions concerning gender and awareness, even if the majority of fields are filled up. This nonresponse error can mean that you aren't sure how to answer a question or are uncomfortable answering queries that require specific information. Another potential source of bias is the possibility of systematic differences between respondents and non-respondents. Issues with Validity and Reliability

V. Rather of objectively measuring behavior, the questionnaire depends on subjective views (e.g., "Do you feel influenced by app notifications?"). Dependability (how well responses hold up over time) and validity (how well it measures what it claims to measure) are both diminished as a result. In addition, some questions can include misleading or confusing wording that makes it hard to understand or know how to answer correctly.

## CONCLUSIONS

The patterns of behavior and factors influencing decision-making among fintech platform users were investigated in this study. Several important takeaways about the usage of digital financial instruments such as UPI apps, internet banking, and robo-advisors were derived from the survey answers of 144 participants.

### 1. Fintech Platforms Have Seen Rapid Adoption

The vast majority of respondents (particularly those in the 20-to 30- something age bracket) said they used fintech platforms often, with many saying they interacted with them at least once a day. This is a reflection of the fact that younger, more tech-savvy generations are increasingly dependent on online financial instruments.

### 2. Platform Predominance

The most popular platforms were Google Pay and Paytm, which suggests that people are using these services because they are familiar with the brand,



they are easy to use, and they have built confidence.

### 3. Making Hasty Financial Decisions

A significant number of users acknowledged to making impulsive financial decisions, indicating a vulnerability to impulse behavior—a crucial behavioural bias. Furthermore, numerous participants mentioned that app alerts (such as cashback offers or discounts) had an impact effect in influencing user decisions, which supports the premise that external nudges are important.

### 4. How Social Circles Affect

When deciding on a fintech app or investment, most people say they take their friends' and networks' opinions into account. Here we see how social proof and peer pressure play a part in people's digital financial decisions.

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