



Meta-physical understanding of vitiligo- A Case study

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Abstract; Vitiligo is a condition characterized by the destruction of melanocytes, (melanin pigments producing cells) causing loss of pigmentation of the skin. Vitiligo is a disease which causes significant psychological stress and stigma. The condition of vitiligo results in substantial psychological distress and stigma. One can easily comprehend how a patient's illness and psychology are so intimately correlated with one another with the aid of a metaphysical model of the understanding of the disease. We can find out probable psychological conflict and their perception is related to the disease process and simultaneous changes in it during healing. This is a case of a male patient with the complaint of white patches in the right forearm with peculiar feeling. Homeopathic medicine selected on the basis of deepest understanding of psychology of patient thereby revolving around the root cause of the illness. The disappearance of white patches proved the efficacy of Homoeopathy and its principles in so called incurable disease.

Keywords; Vitiligo, Metaphysical, Sulphur.

Introduction

Vitiligo is a skin disorder defined by white patches on the skin. This happens due to destruction of the melanin pigment cells in the affected areas. The color pigment melanin is destroyed or no longer produced.

Vitiligo is being linked to a genetic tendency, but an increasing number of instances are being seen in people with no family history. It has been suggested that vitiligo is a complex illness with hereditary predisposition, autoimmune disorder, and psychosomatic concern. Low of confidence, Serious self-esteem problems, even despair and social isolation can be the result of vitiligo. To perceive the disease picture, we need to study environment in which person lives and factors affecting the patient as whole. The choice of medication is made simpler with outstanding results in vitiligo-like deep-seated disease conditions if we strive to comprehend the issue from every angle.

The allopathic medical system only offers a limited number of treatments for vitiligo. In cases of vitiligo, the homoeopathic system of medicine produces excellent results. Homoeopathy aids in the normalization of the immune system. It restores the natural color of the skin by stimulate the melanin producing cells and increasing the production of the melanin. Meta-physical understanding of vitiligo provided by Dr. med. Ryke Geerd Hamer (German New Medicine), Louise L. Hay (You can heal your life) and Joman Romero (Knowing ourselves, what does the body want to tell us with diseases? A practical guide to self-healing) gives us better understanding of person and his psychology.

The idea that diseases are “malfunctions” of the organism underpins all medical theories, conventional or "alternative," old or new. Let's look at vitiligo from Dr. Hamer's perspective: every disease is caused by a shock that strikes simultaneously in the Psyche, the brain, and the organ. This shock is unexpected, acute, and isolated. Conflict in human relationships can be imagined or symbolic.

Psyche → brain → body

The skin has two main layers, the epidermis (outer skin originated form ectoderm) and the corium skin (dermis originated from old mesoderm). Epidermal layer also contains melanin

producing cells called melanocytes. the major number of melanocytes are present in the corium skin. Biologically the ectoderm is controlled from the cerebral cortex and dermis is therefore controlled from the cerebellum. As we know melanin pigment is produced in dermis and it is pushed upward in epidermis.

Biologically – ectodermal cell specifically cells of skin are related to **separation conflict**. Psychologically this conflict can be felt by person in different circumstances and with different perceptions for. E.g., death of loved one, scolding by parent, fighting between parents or classroom turmoil. Similarly, dermis cells originated from old mesoderm, can be affected by **attack conflict, disfigurement conflict or feeling unclean (feeling soiled or dirty)** so, in any situation if person feels any of these conflicts, according to Dr Hamer there will be destruction of melanin pigment which we call vitiligo.

According to Louise hay in her book you can heal your life, probable cause of vitiligo could be **“Feeling completely outside of things. Not belonging. Not one of the group.”**

According to Joman Romero's book “Knowing Ourselves”, vitiligo may develop as a result of an argument about “dirt” in my family or in my environment, and it may have taken the unconscious order to “clean” so much filth. What is filthy must be washed. We must keep our hands clean. I am terrified that the stain on my family may eventually “breakthrough”. I want to be “invisible” to go unnoticed. I have to clean all that mess, I erase stains off my family. They're all evil, but I can't prove it, I'm innocent. A painful and abrupt separation with a loved one someone I wished for more than anything in the world, can also trigger vitiligo symptoms. I've witnessed the murders of my mother, father, brother, etc.

Vitiligo occurs when melanin in the epidermis and melanocytes cells in the dermal layer of skin are destroyed. The depigmentation results in the characteristic white vitiligo patches. According to one's subjective perception, the separation conflict involving the innermost layer of the epidermis is extremely cruel or “brutal” (loss of a loved one, physical abuse). The site(s) connected to the separation are where the white macules appear. whereas albinism, which is identified by complete white skin and white hair affects parts of the body, is brought on by a generalized, “brutal” separation conflict experienced by the fetus during intrauterine life, after

this even if the issue is resolved, re-pigmentation is no longer possible due to the total destruction of the melanocytes from dermal layer of skin.

Master Hahnemann stated in the Organon of Medicine, eliminating the cause will also eradicate the disease, vitiligo can be cured by resolving this psychological conflict effectively.

Case study

Mr. DC, age 18-year-old boy came with complaint of multiple white patches on right forearm without any marked modality.

Presenting complaints:

Patient having multiple white patches on left forearm since 5 years

Character- Multiple, white irregular patches

History of presenting complaints-

Patient was apparently well 5 years back then he observed a single spot gradually developing on right forearm and it started increasing with developments of new patches on same forearm over a period of one year. He consulted allopathic physician and took medicine for 3 years without any improvement and also tried ayurvedic medicine without any relief.

Past medical history-

Recurrent vesicular eruptions on feet in every summer

Family history-

Mother – sickle cell anemia

Father – asthma in childhood.

Brother- sickle cell anemia

Physical generals-

Appetite – normal 3 times/ day

Thirst – thirstless drinks less water

Desire – not specific

Aversion – banana

Perspiration – profuse on palm

Urine – Normal 6/1 D/N

Stool – Regular bowel movement

Thermal – hot

Covering	Sun	Season	Fan	Open air	Bath
Agg	Agg	Prefer winter	Desires	-	Cold water

Sleep – sound

Dream – not specific

Life situation

Patient lives with his parents and his younger brother, Patient is now studying in 12th std. Since last 6-7 years he has constant feeling of being teased and not included in friend circle. classmates and friends tease him by saying go and see your face, you are so black and people call him blackboard. He feels “why God made me black”. He does not like to talk to anyone due to this and he avoid going to school. He feels no girl would like to talk to him due to his black skin. He always pray God to make him white.

Mental generals

- Delusion black he is
- Forsaken feeling by friends
- Wants to be alone

Provisional diagnosis

Vitiligo

Totality of symptoms

- Delusion black he is
- forsaken feeling, especially by classmates and friends
- wants to be alone
- banana aversion
- thirstless
- perspiration palm
- eruption summer agg
- vitiligo of Right forearm.

Rubrics selected (complete repertory)

- Mind; delusions, imaginations; black; he is
- Mind; forsaken feeling; loved, beloved by his parents, wife, friends, feels is not being
- Mind; company; aversion to; solitude, desire for
- Generalities; food and drinks; bananas; aversion
- Stomach; thirstlessness
- Extremities; perspiration; hands; palms
- Skin; eruptions; summer; agg.
- Skin; white; spots, vitiligo
- Extremities; forearms; Right

Remedy	Sulph	Sep	Sil	Calc	Thuj	Nat-m	Mand	Nux-v	Lyc	Med	Falco-p
Totality	20	18	16	12	12	11	8	15	13	8	7
Symptoms Covered	9	6	6	6	6	6	6	5	5	5	5
Kingdom	👤	🐾	👤	👤	🐦	👤	🐦	🐦	🐦	🐾	🐾
[Complete] [Mind]DELUSIONS, IMAGINATIONS:Black:He is: (2)	2										1
[Complete] [Mind]FORSAKEN FEELING:Loved, beloved by his parents, wife, friends, feels is not being: (67)	1	1	1	1	3	1	1	1	1		1
[Complete] [Mind]COMPANY:Aversion to:Solitude, desire for: (242)	2	4	1	1	2	4	1	3	4	3	1
[Complete] [Generalities]FOOD AND DRINKS:Bananas:Aversion: (5)	1										
[Complete] [Stomach]THIRSTLESSNESS: (390)	4	4	3	2	3	3	1	4	4	1	3
[Complete] [Extremities]PERSPIRATION:Hands:Palms: (131)	4	4	4	4	1	1	3	4	3	2	1
[Complete] [Skin]ERUPTIONS:Summer:Agg.: (15)	1			1		1					
[Complete] [Skin]WHITE:Spots, vitiligo: (60)	4	4	4	3	2	1	1	3		1	
[Complete] [Extremities]FOREARMS:Right: (93)	1	1	3		1		1		1	1	

Reportorial analysis

Case was repertorised using complete repertory 2022 by Roger Van Zandvoort using zomeo hompath software. The first prescription was Sulphur 0/1 given in 100 ml water bottle with 7 divided doses after analyzing the reportorial result based on the characteristic indication of mental state of the patient. The next follow-up was done after every 15 days having speedy and marked improvement and repetition was done according to the guidelines provided for LM scale potency.

Prescription

Sulphur 0/1 in water solution one dose every alternate day

Follow up- Date-wise description of medicine

Date	Symptoms	Rx
08-10-2021	<ul style="list-style-type: none"> 1st visit of the patient 	<ul style="list-style-type: none"> Sulph 0/1 water one every alternate day before bed Phytum 30 4 tds for 15 days
22-10-2021	<ul style="list-style-type: none"> Slight improvement in the white patches with appearance of brown 	<ul style="list-style-type: none"> Sulph 0/2 water one every

	dots on periphery and inside the patches.	alternate day before bed <ul style="list-style-type: none"> • Phytum 30 4 tds for 15 days
05-11-2021	<ul style="list-style-type: none"> • Improvement continues. • Dream of patient repairing his old cycle, patient says now I feel my disease will get better 	<ul style="list-style-type: none"> • Sulph 0/3 water one every alternate day before bed • Phytum 30 4 tds for 15 days
19-11-2021	<ul style="list-style-type: none"> • Major difference in patches with disappearance of all small white patches with Re-pigmentation 	<ul style="list-style-type: none"> • Sulph 0/4 water one every alternate day before bed • Phytum 30 4 tds for 15 days
03-12-2021	<ul style="list-style-type: none"> • Large spot is also reduced from periphery as well as appearance of brown patches inside spot 	<ul style="list-style-type: none"> • Sulph 0/5 water one every alternate day before bed • Phytum 30 4 tds for 15 days
17-12-2021	<ul style="list-style-type: none"> • No any white spot is left 	<ul style="list-style-type: none"> • Phytum 30 4 tds for 15 days

Before treatment

After treatment



Conclusion and Discussion

Correlation of disease with the meta-physical theory of Dr Hamer, Louise Hay and Joman Romero provide us with better opportunity to understand person in disease and how disease is fundamentally related to the psychological perception of person. And how disease is nothing but the defense mechanism produced by vital force to protect organism as whole from morbid affection. But with the help of homoeopathic principles best suited medicine according to the state of patient proved to be very effective in these case of vitiligo as shown with excellent results. Treatment was continued for 2 months. Medicine was given in very few doses according new method of dynamizations called 50 millesimal scale potency for rapid gentle permanent cure (§2) which appeared very effective in treatment of this case.

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